## Message to Families RE Upcoming Long Weekend and April Break

March 31, 2021

Subject Line: Spring Holiday Period

Dear Parents/Guardians,

As the long weekend of April 2 to 5 and our scheduled April break, from April 12 to 16 quickly approaches, we hope that families will have the opportunity to pause for some rest and relaxation. We know that the challenges of the ongoing pandemic have had an impact and that many are fatigued. We have included some important reminders below.

# Taking Items Home

While we do not currently anticipate a closure or a shift to remote learning, please ensure your child brings home all personal belongings and necessary items (i.e. spring shoes, learning resources) prior to leaving for both breaks. In the event that there are sudden changes, we have plans in place to support remote student learning.

## Staying Safe During the Break

We encourage families to follow the current <u>red zone restrictions</u> in Durham Region to protect your family, the school community and the public.

#### Importance of Well-Being

Student self-care is an important part of wellness and is even more important when we experience difficult and stressful times. The following two resources may be of help to your family: <u>Student Self-Care 101</u> and <u>Personal Resiliency Tips During Covid19</u>

### Stay Home if Sick

We would like to remind families that anyone feeling ill should not attend school. All children, students, staff, and visitors must be screened for symptoms of illness every day before attending school or child care. To help meet this requirement, you can use <a href="the provincial COVID-19 school screening tool">the provincial COVID-19 school screening tool</a>. Schools will continue to implement health and safety protocols, and reinforce the use of masks and hand hygiene.

On behalf of everyone at the DDSB, we wish you and your family our best wishes for an enjoyable Spring.

Sincerely,

Norah Marsh

Director of Education